



TakingITGlobal X Canada Service Corps

Grant Applicant Self-reflection Guide

#RisingYouth X #JeunesEnAction

What's a self-reflection guide?

This self-reflection guide provides some helpful, easy tips to ensure that your project ideas can successfully and meaningfully access the community that you are trying to reach and serve.

We have compiled a few suggestions on how to approach your application and considerations for before engaging with communities. We hope to encourage reflection whenever engaging with at-risk, marginalized, underrepresented and minority groups. We understand that these groups, being that they are so often underfunded, require adequate and safe resources. We hope to support you in creating meaningful relationships with communities of all kinds!

Things to reflect on before applying...

Are you a member of the community that you are hoping to reach?

We understand that sometimes you don't identify with or belong to the communities that you work with or that you feel connected to. We don't discourage working with communities to which you do not belong. However, we do feel there are some safe and considerate ways to go about it. When entering into a space that is not yours with the intention of providing a service, it can happen that although you have the best intentions, the service you are attempting to provide is not actually what the community needs.



In order to avoid this, we encourage collaborative projects. If you are applying on behalf of a community to which you do not belong, make sure that you have the consent and support of that group, that they have expressed an explicit need for the ways in which you hope to serve/service you wish to offer, and that there is a collaborative, group approach to the project/activity.

Why should we be reflecting on this stuff?

When working with communities that experience adversity at high rates, it's really important to make sure that we enact care, respect and humility. This is especially important if you have chosen to engage a community that you do not identify as being a part of. Even though we might have the best intentions, we're not the experts on an experience that is not ours. It's important for us at #RisingYouth to ensure that all of the approved grants are used to promote community engagement, wellness and pride. We want to make sure that we can support you in delivering projects that align with this vision. In order for us to do this, we request that all applicants take some time to make use of this self-reflection tool.

Can't figure out how to reflect on your idea? Here are some questions that we ask ourselves that we think you might find helpful!

- Do I belong to the community that I am trying to reach?
- If I do not belong to the community that I am trying to reach, do I have the consent of the community and am I approaching this collaboratively?
- If I do not belong to the community I am trying to reach, what is my relationship to the people and why do I think I should be working with them? What can I offer that they don't already have?



→ If I do not belong to the community I am trying to reach, does this project/idea/dream benefit me in a tangible way or does it benefit the community who it is intended to serve?

→ If I do not belong to the community I am trying to reach, how will I ensure I approach people with humility and respect when/if the people reject my project/idea/dream?

→ If I do not belong to the community I am trying to reach, how can I enact allyship by supporting projects that were already envisioned or created by and for the people? Instead of starting my own project, how might I use #RisingYouth funds to support pre-existing youth-led efforts?

→ If I do not belong to the community I am trying to reach, am I trusted by members of this community? Are they asking for my help? Are they guiding and advising me on best practices while engaging them?

Here are some helpful tips and tricks:

→ If you are facilitating a project in a community that you do not belong to, make sure that you do some research before showing up. See if the group, community or cause has a Facebook, Instagram or a website and spend some time learning as much as you can!

→ Check in with yourself; make sure you are asking appropriate questions and conducting yourself in a way that is respectful to the community members you're engaging with. Are you comfortable with them and are they comfortable with you?

→ If you receive criticisms from the community, make sure that you are open to the discussion and that you actively listen to the suggestions being shared with you.

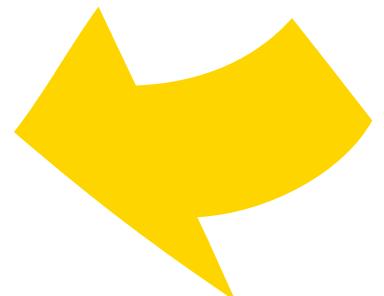
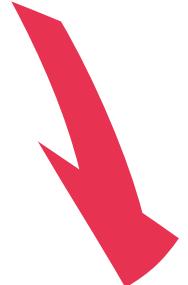
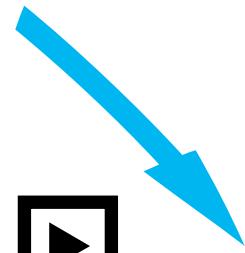
→ Make sure to always familiarize yourself with appropriate language, cultural protocols, people's pronouns, the history of the community and be honest about what you do not know.



Guide to Action



Simple Steps Towards Change //



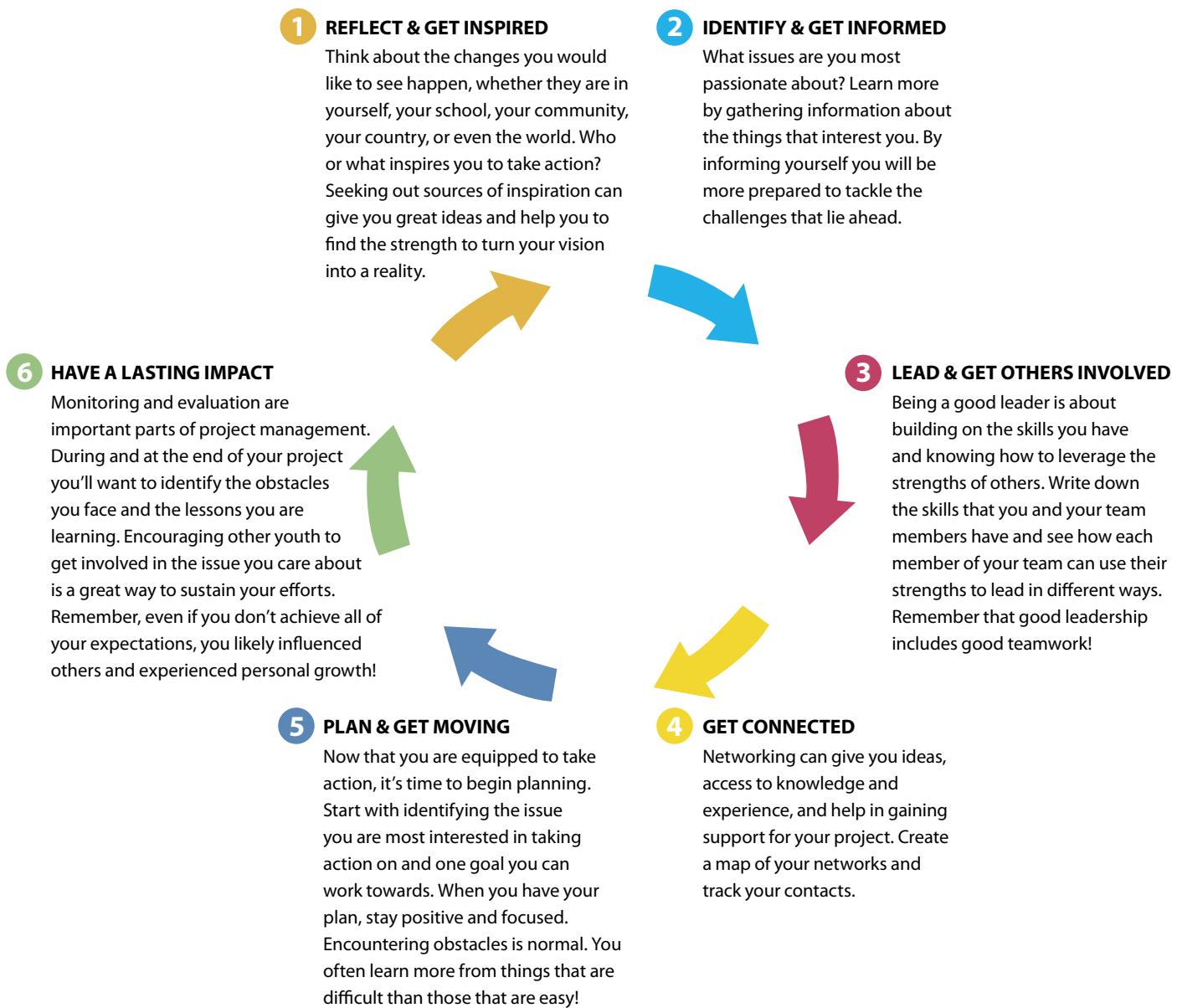


Guide to Action

Introduction

Welcome to TakingITGlobal's Guide to Action. It has been designed to help you turn your dreams into reality. This guide is informed by the experiences of youth leaders from around the world in addition to Masters research conducted by TakingITGlobal's Co-Founder, Jennifer Corriero, on *Youth-Led Action in an International Context* (<http://research.takingitglobal.org/youthaction>) We hope this guide will provide you with the direction and support you need to better work towards making the change you want to see in the world. Good luck and remember to have fun!

Process Overview



Guide available at: <http://www.takingitglobal.org/guidetoaction>



Reflect

Take a moment to REFLECT on the world around you. Think about what you see.

Imagine the world you would like to live in.

Now what would you need to change in order for the world to come closer to your vision?

Can you think of some things you would like to change or improve?



About yourself?



About your school?



About your community?



About your country?



About the world?

Get Inspired

The seeds of each new idea for a project or initiative are usually rooted in a source of inspiration. Take a minute to think about who and what inspires you. Do you have a mentor? Do you have a hero? Is there someone in your life who you really respect or someone that represents something important to you?

Write down the names of a few people who have inspired you and why. It could be someone that you know like a friend, teacher or family member, or perhaps a community leader, author, artist or activist?

Meet inspiring people



"As a member of TakingITGlobal, I experience the magnificent diversity of ways of thinking in the world. I believe that my experience in TakingITGlobal has impacted my personality and perception of others in a very positive way. Being part of this community has broadened my mind by participating in the discussion boards, improving my conflict resolution approaches. Through the Global Gallery, I share my artwork reflecting my cultural background with artists from around the world. Most important, the volunteer work I am engaged in inside my local community is provided with a new global dimension."

- Ayman, Egypt



"We live in a context of ignorance – people don't think about how their actions or inactions affect others," says Lina, founder of the United Students for Fair Trade (USFT). "Universities provide a common arena for raising awareness of inequities in a corporate-centered model of global trade. However, academic curriculum often stops short of suggesting viable alternatives." Lina set out to raise awareness about Fair Trade in a student movement that now has more than 300 Universities across the United States carrying out campaigns.

- Lina, United States



"Young people do not only ensure sustainability, they energize processes and are the major drivers of technology – extending the perimeters of innovation", says 'Gbenga, who has been working tirelessly, over the past five years, on strengthening the voice of youth in decision-making processes as it relates to Information and Communication Technologies (ICTs).

- 'Gbenga, Nigeria

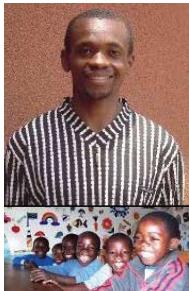
Ways that young people change the world:

- As voices against injustice
- As promoters of environmental and social awareness
- As presenters at conferences, forums and summits
- As trainers, mentors, coaches and tutors
- As artists, musicians and actors
- As organizers of petitions, campaigns and protests
- As entrepreneurs creating businesses and jobs
- As volunteers and fund-raisers for charity
- As conscious consumers
- As responsible users of natural resources





Get Inspired



Each day, 6,000 Africans die from AIDS. Each day, an additional 11,000 are infected. Millions of children are left orphaned, forced to face a life of poverty and vulnerability. At the age of 7, Mabvuto lost his parents and years later lost his three sisters and one of his brothers. As a young child, he was faced with a tragic situation and at one point, found himself begging on the streets with very little hope. Due to the nature of his vulnerability, he was offered a chance to go to school and study Information Technology through a government loan program. This opportunity helped Mabvuto gain a range of skills and led to the development of an incredible initiative – Youth Care Trust. Mabvuto explains that the aim of his project is to "get street kids and vulnerable youths out of the streets and bring them to a safe and stable living home environment". Through creating fundraisers such as music concerts and sports games that raise awareness about HIV/AIDS, money was raised to support the project. They decided to rent a house to provide shelter for 12 orphaned street kids as well as offer education and training on basic literacy skills, HIV/AIDS, Information Technology and other relevant areas. Getting this idea off the ground was no easy task.

- Mabvuto, Malawi



In recent years, the Ministry of Education in New Zealand made a significant technology investment in the education sector. Their aim was to have each classroom equipped with computers or laptops in order to enhance learning and better prepare students for the 21st century. Very quickly, they found that it was the teachers who they had to better prepare. Cherrie explains that "some teachers find using technology annoying at first. They don't understand the value of using it - where as computing is natural for kids". In order to help teachers better incorporate Information and Communication Technologies (ICTs) into their lives and the classroom, Tech Angels was formed at Wellington Girls' College. The idea was to have tech savvy students work with teachers one-on-one each week, helping to improve their ICT literacy skills.

- Cherrie, New Zealand



Sources of inspiration:

- Read stories about inspirational young people
- Spend time outside and connect with nature
- Surf the Internet and look through inspirational sites
- Go to your local art gallery, museum or cultural centre



Online:

Check out Featured Member stories on TakingITGlobal:
<http://featuredmembers.takingitglobal.org>

Find young people taking action from Afghanistan to Zimbabwe by going to: <http://members.takingitglobal.org>



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Identify Your Passions

Thinking back to your reflections on the things you would like to change or improve in the world, what stands out as most important to you? What issues are you passionate about? What would motivate you to act?

Take a moment to create a list of issues that are important to you. It is important to identify the issues that interest you most because they will help to guide your approach to change.



It could look something like this:

climate change

culture & identity

youth violence

substance abuse

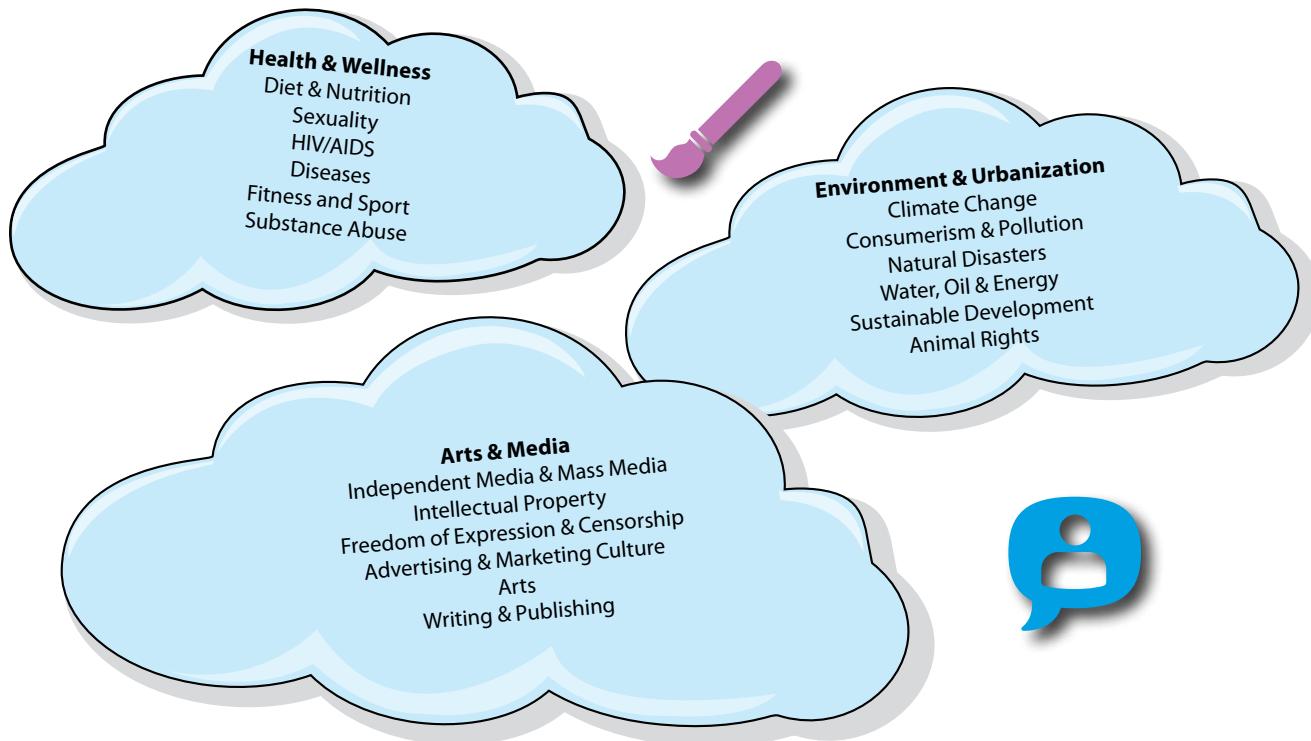
peace building

educational technology

women's rights

Now create a list of your own:

Brainstorm! What else interests or concerns you?





Identify Your Passions



► Guide to Action



Get Informed

Develop your knowledge and expertise by getting informed about the issues that concern you. This will allow you to be more effective and have a greater impact as you carry out the changes you want to see take place. Based on the issues you have just identified...

Ask yourself

What more can I learn about the issues that concern me?

Develop a set of questions that you want to answer. Here's some you might want to use

- What makes this issue unique and important to address?
- Who is most affected by the issue and why?
- How does this issue differ locally, nationally, regionally and globally?
- What different approaches have been taken to understand and tackle the issue?
- What groups are currently working on addressing the issue? (consider different sectors such as government, corporations, non-profit organizations, youth groups, United Nations agencies, etc.)

List other questions here:

Find three websites related to issues you want to learn more about. List them here:

1. _____
2. _____
3. _____

How can I access more information?

- school or local library – check out books, magazines, films, and more
- surf the Internet – visit websites of interesting organizations, government sites, on-line newspapers and magazines. Be sure to evaluate the accuracy of the information you find on the Internet.
- Family, friends and teachers – there is no harm in asking. You may be surprised by what they know.

Who would you contact?

One way to get information is to call an expert or an organization to find out what you need to know. We will talk more about networking in the *Get Connected* section of the guide.



Online:

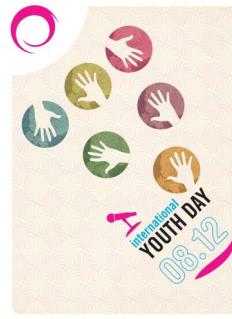
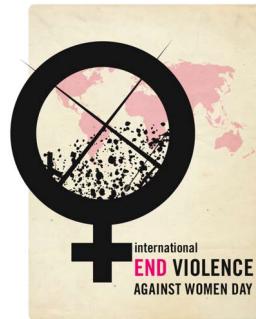
Looking for a group that does work in your area of interest?
Try: <http://organizations.takingitglobal.org> and search by category.
check out our events calendar at
<http://www.takingitglobal.org/resources/events/>



International Days of Recognition

Did You Know... The United Nations has many internationally recognized days including:

February 21	International Mother Language Day
March 8	UN Day for Women's Rights and International Peace
March 21	International Day for the Elimination of Racial Discrimination
March 22	World Day of Water
April 7	World Health Day
April 22	Earth Day
May 3	World Press Freedom Day
May 17	World Telecommunications Day
May 21	World Day of Cultural Diversity for Dialogue and Development
May 22	International Day for Biological Diversity
May 31	World No Tobacco Day
June 4	International Day of Innocent Children Victims of Aggression
June 5	World Environment Day
June 17	World Day to Combat Desertification and Drought
June 20	World Refugee Day
June 26	International Day against Drug Abuse and Illicit Trafficking
June 26	International Day in Support of Victims of Torture
July 11	World Population Day
August 9	International Day of the World's Indigenous People
August 12	International Youth Day
August 23	International Day for the Remembrance of the Slave Trade and Its Abolition
September 8	International Literacy Day
September 16	International Day for the Preservation of the Ozone Layer
September 21	International Day of Peace
October 10	World Mental Health Day
October 16	World Food Day
October 17	International Day for the Eradication of Poverty
November 16	International Day for Tolerance
November 20	Universal Children's Day
November 25	International Day for the Elimination of Violence against Women
December 1	World AIDS Day
December 2	International Day for the Abolition of Slavery
December 3	International Day of Disabled Persons
December 5	International Volunteer Day for Economic and Social Development
December 10	Human Rights Day
December 18	International Migrants Day



For more information, please visit: <http://www.takingitglobal.org/understand/intdays/>



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Lead Your Project to Success

Identifying your skills and characteristics will help you lead your project with success. Start by understanding your own strengths and needs, and then consider how creating a team could help to better achieve your goals. Helping your team members identify and leverage their own strengths and talents for the project is an important part of leadership. It is also important to ensure that all those involved are able to share in the vision of what you are trying to achieve.

Can you think of someone who shows strong leadership? What makes that person a good leader?

"How else would you know that it can work without trying?" (TakingITGlobal Member, 23, Kenya)

Reflect on the following leadership characteristics. Circle the characteristics that most apply to your personality and abilities and add any that you think are missing.

Able to accommodate diverse needs	Accountable	Creative
Open-minded	Good at listening	Humble
Able to transfer skills	Responsive	Team player
Fair	Approachable	Dedicated
Patient	Honest	Imaginative
Able to work under pressure	Seeks self-improvement	Intelligent
Focused	Charismatic	Understanding
Persistent	Humanitarian	Modest
Able to initiate	Deeply committed	Dynamic
Good at decision-making	Compassionate	Motivational
Personable	Talented	Visionary

"Teams must be aware that they are composed of unique individuals with different attitudes and cultural background. Each member must accept this and compliment the needs of one another."

(TakingITGlobal Member, Philippines, 26)

Develop a Team

Teamwork involves having a group of people who work together towards a common goal, with a shared sense of purpose.

It is important to realize that everyone in the project can lead in different ways – and each member of the team can set personal improvement goals.

Have an open discussion with your team to allow each person to share some of the characteristics that they would like to develop and improve upon on both an individual and group level.

Great teams are those that allow for:

- A sense of trust and belonging
- A shared sense of ownership
- Clear roles and responsibilities
- Effective and ongoing communication
- Respect for diversity
- A sense of fun, creativity and openness
- A space for ongoing learning and growth

All team members can also fill out a chart, similar to the one below, in order to identify the ways in which each person can best contribute to the project. First discuss this in your group and then fill in the chart. You will find that each member of your team brings a unique set of skills and experiences to the table. This is good! It makes for a stronger team, and will ultimately help you to reach your project goals and objectives.

Name	Things I like to do	Words that describe me	My skills	What interests me most about this project
Example: Moustafa	Writing for the school newspaper, school plays	Hard working, creative, outgoing	Writing documents, presenting in front of audiences	Gaining practical experience
Example Vera	Checking out cars, playing video games	Competitive, athletic	Organizing a car wash or sports tournament to raise money	Having an impact on an issue that concerns me

Networking increases your chances at accessing resources that can help you to achieve your project goals. Check out the following resources:

- Volunteers, Mentors or Advisors: people who are willing to help out by sharing their skills, knowledge and experience.
- Organizations: that may be able to provide technical assistance, legal support, access to office supplies or materials and access to workshops or skills training
- Libraries or Community Centres: who may provide access to meeting places
- Funds: people who may be willing to make a cash donation or offer suggestions about where to apply for grants, scholarships or events
- Media: connections to journalists who might offer to promote your efforts through the radio, in print, on television, or over the internet



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The Importance of Networking

What is a network?

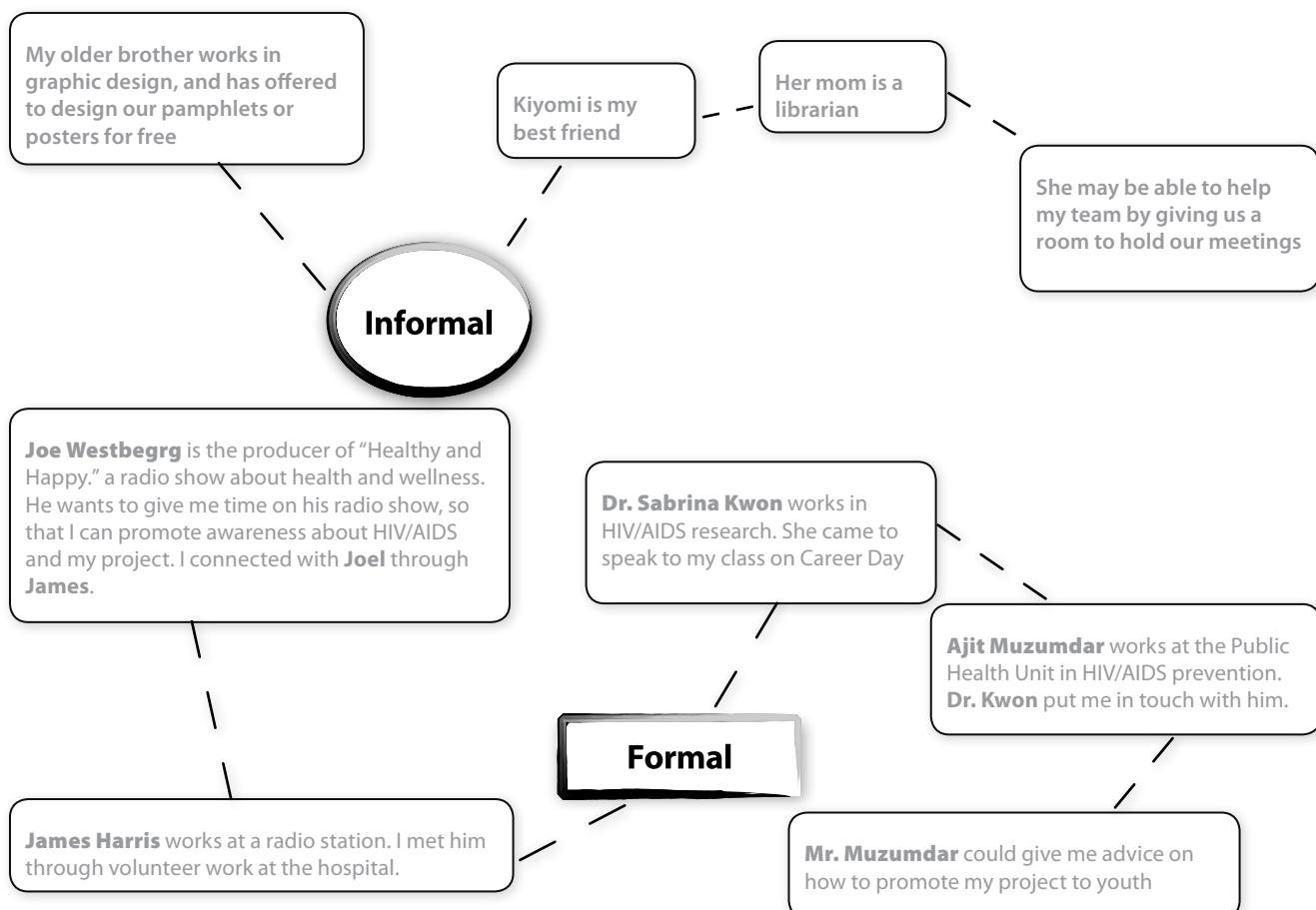
A network is a group of people or resources that can help make information and opportunities more accessible to each other.

How can this help me to take action?

Networking can give you ideas, give you access to knowledge and experience, help you gain support for your project, and finally, take the best action possible.

Identify Your Networks

There are many types of networks. Informal networks include friends and family, and more formal networks include business contacts, people you meet at conferences, or people you know through volunteer work. Check out the examples of informal and formal networks below.

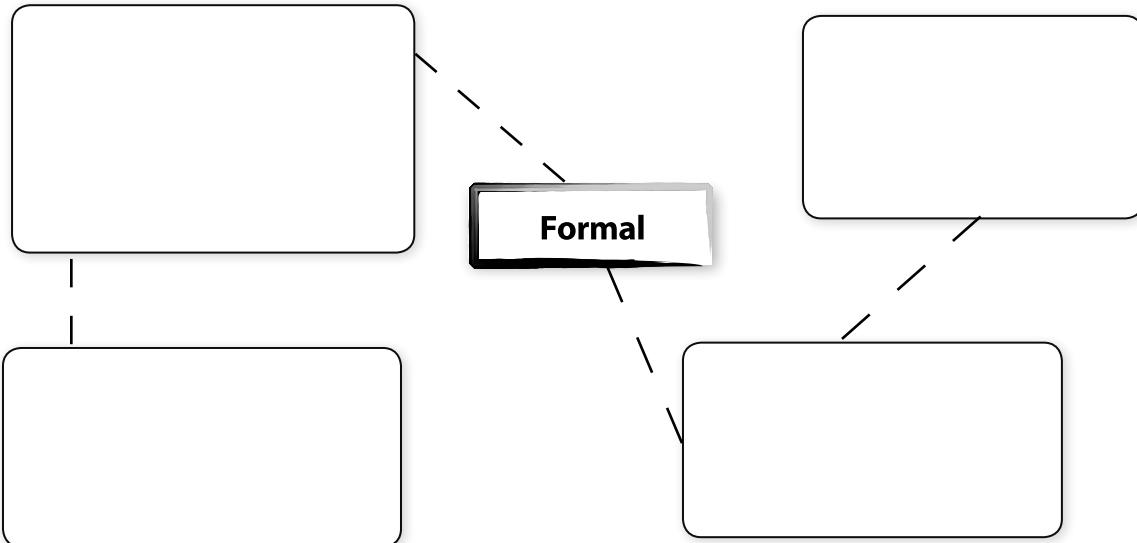
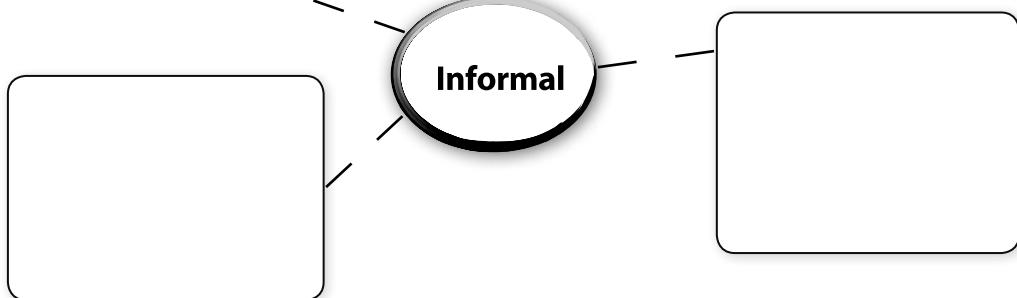


Map Your Networks

Draw a map of your formal and informal networks. As your project progresses, you will notice that your networks grow as you connect with more people.

When building your network, keeping track of contact information is essential. The following chart shows examples of potential collaborations. Use the remaining space to keep track of your own contacts.

TIP: Networking means using your contacts, so that you can exchange information, share ideas and ultimately strengthen the quality of your work. Building and maintaining your network is also a vital part of networking.





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Plan & Get Moving

By now you have identified issues of concern, you've learned more about the issues, and have recognized your skills and those of your team. You have also learned about the importance of networking and connecting with those who can help you to achieve your goals. You are ready to develop and implement an action plan.

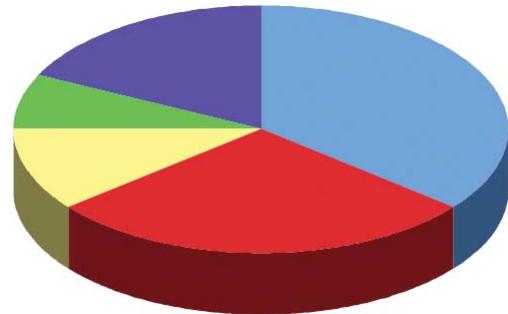
Keeping in mind the issue you identified, what goal will you work towards in your action plan? Here are some possible examples:

Increased...

- Representation of children and youth in decision-making processes
- Feeling of responsibility for future generations
- Knowledge of civil society
- Health of a community
- Awareness about the environment
- Demand for fair trade products
- Employment capacity among youth (especially vulnerable young people)
- Literacy rates (reading, computer literacy, etc)
- Respect between youth and adults (intergenerational dialogue)
- Hope for country

Reduced...

- Number of people who smoke
- Number of HIV/AIDS affected people
- Cultural barriers, stereotypes and intolerance
- Poverty level
- Homelessness



Write your goal here

Now it's time to plan. How can you best use your skills and abilities? There are lots of ways to make a difference. You can work with others or alone. You can join an initiative or start one of your own.

Brainstorm 5 possible actions related to the issue you have identified:

- 1.
- 2.
- 3.
- 4.
- 5.

Circle the ideas you would be willing to implement now, and draw a star beside the ones you want to work on as part of your action plan!

Possible Project Activities:

What action can you take to work towards achieving the mission of your project? Here are examples of what other young people have done in different parts of the world:

<ul style="list-style-type: none"> • Advocacy Campaigns (i.e. Fair Trade) • Linking graduates with employment (support with Resume and promotion) • Awards Programs Literacy through Hip Hop • Awareness Campaigns (i.e. human rights violations) • Mapping Youth Organizations and Groups (creating a directory of services) • Building Houses Mentorship Programs • Cleaning Public Spaces • National Student Day of Action • Community Service • Announcement Video • Open Discussion Forums (on topics relevant to community) • Community Service Internships • Peer Education • Conference Playground Project (raised funds for activity bin) • Contests Policy Advocacy • Counseling Centre Policy Test • Cultural Events • Public Speaking Competition (topic of agriculture) • Development of a Network • Reading to illiterate people 	<ul style="list-style-type: none"> • Distribution of health kits • Research and sharing of best practices • Eco Theatre Role Playing • Educational Materials (create and distribute) • Setting up telecentres (internet access and training centres) • Environmental Education Skills & vocational Training • Exchange Program Student Clubs • Food/Clothes drive • Summer Camp • Friendships (pen pal program) • Summits & Festivals • Fundraisers (i.e. bake sales) Therapy through Art • Fundraising for Libraries • Tolerance Theatre • Games (with social message) • Tree Planting Initiatives • Improve waste management systems • Volunteerism Promotion (holding a volunteer festival) • Internet Literacy programs and workshops • Youth Councils (Municipal level or National level) • Leadership Training • Youth Forums and Consultations • Lesson Plans (on social issues) • Youth Radio/Media
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Develop Your Personal Action Plan

Everyday we make decisions that have an impact. How we treat other people, what we buy and the resources we use all have an effect. It is essential to set goals and always work toward them in order to ensure your impact is a positive one.

Every great action begins with a single step. As you begin your action planning, the best place to start is with yourself and personal actions that you can take.

Fill out the chart below.

If your issue was environment your goal could be to reduce your energy use and your chart might look similar to this:

Steps toward achieving your goal	What help is needed?	Possible obstacles	How you will know you are successful?
Shut off the lights when I leave the room	Ask for reminders from family and friends	Forgetfulness and laziness	Money savings on the monthly electricity bill
Use more energy efficient light bulbs	Buying new light bulbs	Cost of new bulbs	Needing to buy less new bulbs in the future, lower energy costs

Now that you have identified possible obstacles, how might you overcome them?



Online:

Checkout the Projects listed on TakingITGlobal for examples of projects:
<http://projects.takingitglobal.org>

Helpful Hints:

- Have a check-in buddy to bounce ideas off of
- Set weekly and monthly goals
- Reward yourself for achieving your goals
- Network and connect with those with similar interests
- Be sure your objectives are realistic and measurable
- Don't give up!

Create a Group Project Plan

Hopefully, you now feel ready to develop a community action project!

Project Mission:

Going back to the issues that you have identified earlier, clarify what you want your project to achieve.

Project Activities:

What action can you take to work towards achieving the mission of your project?

Break it down

You know your mission. Now, use the chart below to break your project down into specific activities. Completing these activities will ensure your project is a success. If your goal is to promote energy conservation, your chart might look similar to this example:

Activity	Resources	Responsibilities	Deadline
Create posters about energy conservation	Art supplies/materials (paper, paint, markers)	Kareem: write content for posters Jessica & Kaleb: design and paint Michael: photocopy and post	May 1, 2004

Completing this chart will help you in identifying your next steps. As you work towards implementing your project activities, go back to the various sections of this guide to support you in moving along.

Raise Awareness

It can also be helpful to get publicity and let people know about your project! Word of mouth is one of the strongest marketing tools. Be enthusiastic! Let others know how and why they should get involved! One way to promote your project is to add it to TakingITGlobal: <http://projects.takingitglobal.org>

Create Project Materials

As you begin to explain your project plans and ideas to people, you may find that people ask for further information. It is always useful to create 1-page description of your project. You may also feel the need to create a more in-depth Project Proposal. Typically, a project proposal will include sections such as:

- Background (highlight the needs being addressed)
- Mission and Objectives (what you want to achieve)
- Activities (how you will achieve your goals)
- People Involved (include a short description of you and your team members)
- Partners (you can add to this list as you find organizations willing to help)
- Timeline (mention key milestones)
- Budget/Resources (what you need in order to carry out your activities)
- Evaluation (how you will measure the success of your project)

If you choose to develop a project proposal, it can be shared with potential supporters of the project.



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Implement

Now that you have a plan, it's time to implement it! You might encounter obstacles along the way. That's normal. Remember, with strength and perseverance you can succeed. Constantly surround yourself with positive influences and connect to helpful resources.

Here's a list of the types of challenges that other youth from around the world have encountered in developing their projects:

- Lack of previous experience and feelings of intimidation
- Lack of infrastructure to support operations (facility to meet/work, electricity, internet, telephone, fax)
- Team dynamics (recruiting, managing and motivating volunteers, structuring the group and decision-making, working virtually, internal politics, building trust)
- Lack of understanding by others
- Other issues receiving more attention
- Bureaucracy, paperwork, registering the organization with the government, etc.
- Language barriers (ie: translation of communications)

Problem solving

When faced with a problem, it's important to stay focused, committed, enthusiastic and determined! What challenges do you think you may encounter as you implement your project?

Think of three possible solutions.

1.

2.

3.

Here are a few additional tips:

- UNDERSTAND the problem. You may need to gather information. It will also help to articulate the problem in your own words.
- BRAINSTORM possible solutions. It is useful to do this in a group. There are many creative ways to come up with possible solutions.
- CHOOSE the best strategy from your list above and try to solve the problem. You may need to modify your plan depending on how the solution plays itself out.
- EVALUATE the outcome of the solution you choose. If you have the same or a similar problem in the future would you choose the same solution?



"It's not that I'm so smart, it's just that I stay with problems longer." - Albert Einstein

Have a Lasting Impact

Monitoring your project throughout each stage will help you to best respond to changes that occur along the way. It is helpful to set out indicators or measures of success to make sure you stay on track. The more specific your "indicator," the easier it will be to evaluate your achievements.

<p>Example:</p> <p>Objective: raise funds for an HIV/AIDS Charity</p> <p>Date – August 25th</p>	<p>Possible Indicators of Success:</p> <ul style="list-style-type: none"> • the number of people who have attended your event • the amount of money you raised • the number of people who said, in an evaluation form, that they learned from your project • the number of people involved with your project team members and participants • how many other projects have been inspired by your work
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Create your own list of success indicators based on your goal:

Objective	Possible Indicators of Success
	<ul style="list-style-type: none"> • • •

Personal Growth

Taking action on an issue that you care about is no easy task. It is especially difficult to move from the idea stage to the action phase. Along the way, through all the challenges faced, one of the most rewarding parts of taking action is what can be learned along the way.

Youth that have run action projects tell us what skills they have developed by taking action:

- in-depth knowledge about an important issue
- leadership, communication and management skills
- teamwork and organizational skills
- how to recruit participants
- learning to interact with people from different backgrounds
- advocacy skills
- determination, patience and clarity of purpose
- how to handle pressure
- how to be more confident in your ideas



Guide to Action

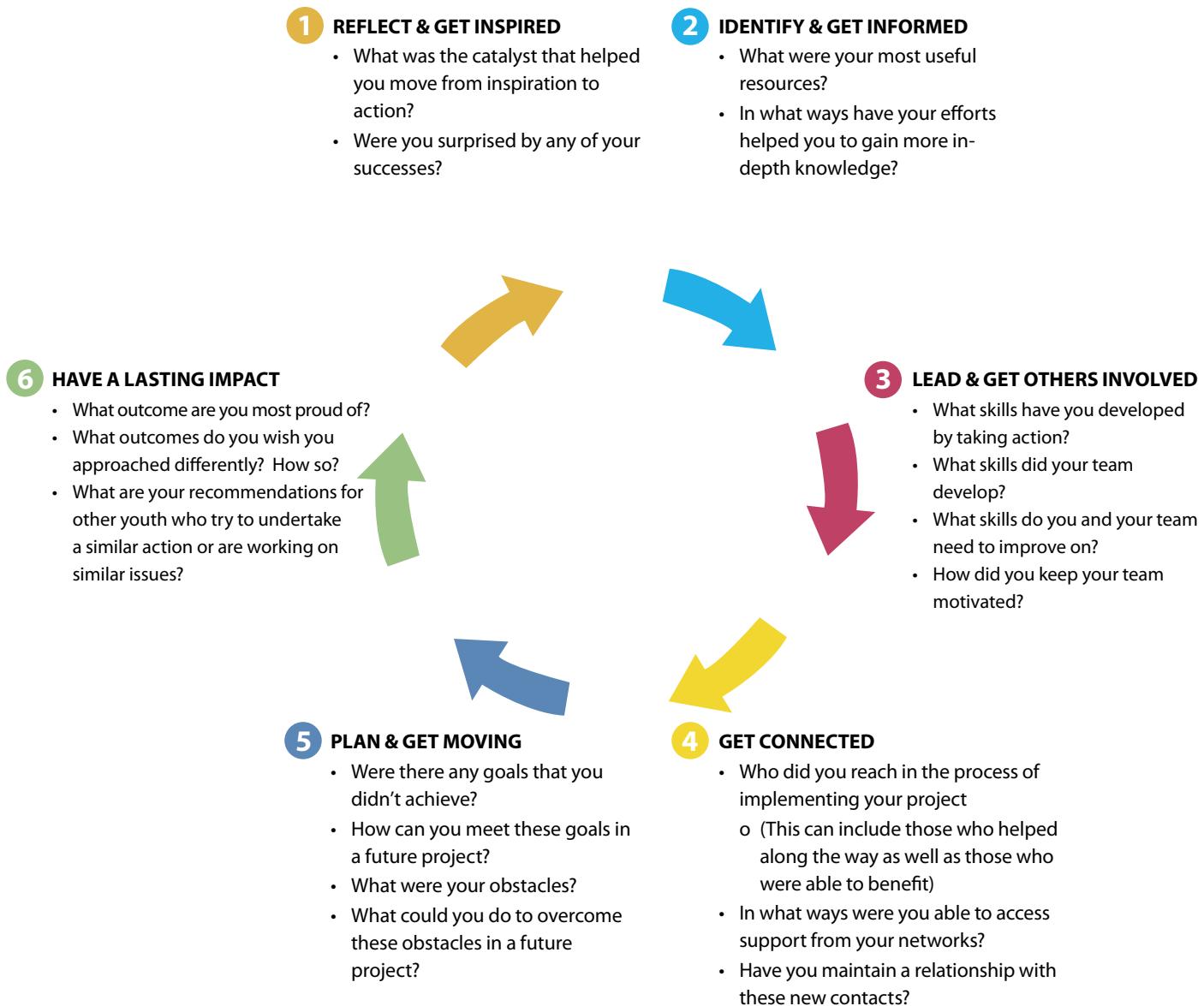


Evaluate Your Progress

Evaluation can help to improve upon the process of implementing your project, as well as the outcomes that have been achieved as a result of your project.

Taking time to reflect on what you have learned throughout each stage of your action project is an essential part of ensuring that your efforts have a lasting impact.

Consider the following questions:



Tips for Evaluation:

- Keep your evaluation simple and relevant
- Try to gain inputs from a lot of different sources. Ask your participants, your partners and your team members what they thought.
- You will probably learn that the project has unexpected outcomes, both positive and negative. Think about how the project has influenced and affected the participants, your community, your organization, and even yourself.
- Include details on factors that negatively impacted your project (were these truly outside your control, or were they risks that could have been avoided?).
- Spend some time highlighting recommendations for the future, so that when similar projects are launched, they are more likely to have greater impact.



*"Never doubt that a small group of thoughtful, committed people can change the world.
Indeed it is the only thing that ever has."* Margaret Mead



Guide to Action



Sustain Your Action

Now that you have made an impact, how can you sustain it? Each project or initiative has its own unique lifespan and has the potential to expand or emerge in new forms. Read the 5 points for sustainability and write down 3 ways you or other youth could sustain interest in taking action on the issue you chose.

Sustaining a project for a long time can be a major challenge. Even if you decide not to continue your project, think about the ways that people involved in your project can sustain their interest in taking action on the issue you looked at with your project.

Sustainability is about:

- 1. Having a clear timeline:** Creating goals that are to be achieved by certain dates will help you keep on track and not lose site of your greater goals when you get really busy.

- 2. Collaborating with other organizations:** By spreading responsibility for your project across several different groups, you're building a stronger support structure for the future. If one group discontinues their support, at least there are others who can take on more responsibility.

- 3. Building strong alliances with adults & mentors:** Adults and mentors can be a vital source of wisdom, financial resources, and technical expertise that is often required to take a one-time project to a more long-term venture.

- 4. Planning for leadership transition:** You may not always be the person in charge of your project! Leaving the right information so that a new leader can take over is essential. Put together a package of useful information for the next project leader.

- 5. Keeping good records and managing knowledge:** Keeping good records of your contacts, how you do things, and your achievements will help you to sustain the effect of your project in the future. This includes documenting what you have learned through the process of evaluation.

3 ways to sustain interest in your project

1.

2.

3.

Background on TakingITGlobal

TakingITGlobal (TIG) is an international organization, led by youth, and empowered by technology. TIG is at the intersection of three major global trends - the international scope of major issues, the information and communications technology revolution, and the demographic force of young people. TakingITGlobal aims to help youth develop their potential as creative, technology-enabled and globally-aware citizens through:

- Strengthening the capacity of young people as leaders and stakeholders
- Fostering cross-cultural dialogue and understanding
- Increasing awareness and involvement among youth in global issues

Often described as a 'social network for social good', TakingITGlobal.org offers extensive social networking tools ranging from member profiles, blogs, wikis and podcasts to an online gallery and e-zine for expression. The site is your gateway to:



Make Connections <http://www.takingitglobal.org/connections/>

- Connect with more than 150,000 members, from over 250 countries and territories, to share thoughts, perspectives and experiences!



Express Yourself <http://www.takingitglobal.org/express/>

- Express yourself. You can write articles, stories, poems, and read the works of others in our online publication, Panorama. You can also create an online art exhibit and browse through a collection of cultural expressions in the Global Gallery!



Browse Resources <http://www.takingitglobal.org/resources/>

- Discover opportunities. Through our resource database, you can access information on thousands of organizations and events, along with professional and financial opportunities from around the world.



Understand Issues <http://www.takingitglobal.org/understand/>

- Inform yourself on important global issues. Featured Themes are focal points which spark dialogue on important topics.



Take Action <http://www.takingitglobal.org/action/>

- Take action. Using resources such as the Projects System, Workshop Kit, and this Guide to Action, TIG can help you initiate positive change!

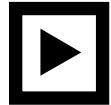
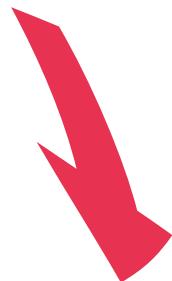
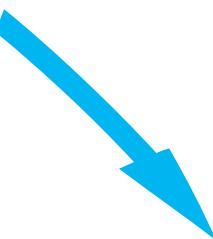
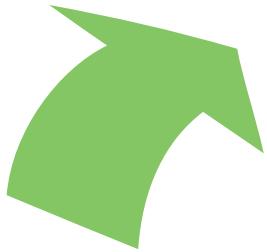


Explore the World <http://www.takingitglobal.org/explore/>

- Browse country sites, and access country information using the flash map.



The TakingITGlobal Web Site
<http://www.takingitglobal.org>



Guide available at: www.takingitglobal.org/action/guide/



#RisingYouth Community Service Grants

We have three levels of grants: \$250, \$750, and \$1500

To be eligible:

The project must:

- ✓ Be led and created by a youth (ages 15 to 30) who is a Canadian citizen, permanent resident or has been granted refugee status in Canada
- ✓ Be self-initiated and not done on behalf of, or for an organization, other than a volunteer-led youth organization or club
- ✓ Be new and distinct, ie, not be the continuation of an existing program offered by an organization or service in the community
- ✓ Have a service-related (volunteerism) aspect or activity to relevant equipment purchases
- ✓ Be an initiative that will positively impact the community and be done during volunteered time
- ✓ Recruit and involve project team members to help you in implementing the project
- ✓ Started and finished within 90 days and have a primary focus on an impact in Canada
- ✓ Be accompanied by the submission of a final report, up to 30 days after the project completion which contains receipts from all purchases
- ✓ Be executed safely adhering to the Public Health guidelines as stated by the Government of Canada, including provincial, territorial and Indigenous governments

The project must not:

- ✓ Solely be a fundraiser or generate profit for the youth hosting the project or an organization
- ✓ Charge an entrance fee/ticket or request mandatory donations to access the project
- ✓ Pay for an honorarium or professional service to family members or core volunteer team members. Exceptions are possible for Indigenous communities and small communities
- ✓ Spend more than half of the grant on an honorarium, prizes, gift cards, or for a professional service (at the \$1500 grant level, no more than \$450 can be given to one individual)
- ✓ Be affiliated with a political party (all projects with a political nature must be non-partisan)
- ✓ Use the funds to cover purchases made prior to the approval of the project

The applicant must:

- ✓ Identify an issue, propose a solution and implement within their communities
- ✓ Donate all equipment bought for use throughout the project using grant funds to a community organization upon completion
- ✓ Submit a mandatory report, including expense receipts, to TakingITGlobal on your project within 30 days of completing your project



Selecting the grant amount that's right for you:

\$250, \$750, and \$1500



\$250

For simple ideas, like community events or gatherings, that can be implemented by you and your friend.

For simple ideas that can be implemented with a friend or small group of team members such as distributing care packages or hosting small gatherings within the community.

Examples of projects that have been approved at this level:

Project 1: [\(click here for budget spreadsheet example\)](#)

I want to initiate a 1000 origami cranes project that the school can display. Different shades of blue cranes will be folded (school colours). This will add colour to the school hallways and encourage school spirit. I want to try to engage as many students as possible in the school to fold a crane to contribute to the art so the final outcome shows a work of unity.

Budget: Origami paper - \$130, String (to hang cranes) - \$20, Refreshments - a \$40, Gift cards for students that contribute the most - \$ 60

Project 2: [\(click here for budget spreadsheet example\)](#)

A virtual pride event that will include speakers, music and giveaways. The event will take place over Zoom and will celebrate the different sexual and gender identities in the school and the world. This day will also raise awareness and encourage acceptance towards the LGBTQ community. It will also let students know that there is a community within the school where they can feel safe and welcomed.

Budget: 1 guest speaker with an honorarium of \$50, gift cards for giveaway throughout the event (\$25x4), t-shirts and pins with logo for pride (\$50), Zoom membership (\$50).



\$750

For bigger ideas that can be implemented with a small group of friends, such as building a community garden or distributing care packages. Projects at this level of funding need a community reference to apply.

For larger ideas that are implemented with a group of 3 or more peers such as building a community garden or hosting a community benefit.

Examples of approved projects at this level:

Project 1: ([click here for budget spreadsheet example](#))

I want to host an intergenerational mindfulness summit in my community. The day will begin with 30 minutes of mindfulness meditation and yoga. Followed by 2 speakers who will talk about their experiences struggling to balance their mental health while dealing with sexism, racism, and homophobia and how it has affected their mental health and wellbeing. After which we will facilitate a presentation to breakdown taboo topics such as anxiety, depression, trauma and the stigmas that are associated with mental health. By the end of the summit our participants will have created a self-care plan to support their daily balance and alignment. Our participants will have received information that helps them support themselves and their peers/coworkers. We hope our participants walk away with a clear understanding about how to maintain good mental health.

Budget: \$150 - Food, \$200 - Prizes and giveaways, \$200 - Promotional items & supplies, \$200 - Honorarium for speakers

Project 2: ([click here for budget spreadsheet example](#))

I would like to distribute care packages for the homeless population in my community. Each package will include masks, hand sanitizer, water, food, and body wash. I will store the packages at a local organization which will allow people to safely pick up the packages while following COVID-19 protocol.

Budget: \$250 - Food, \$100 - Water, \$150 - Masks, \$150- Body Wash, \$100 - Hand Sanitizer



\$1500

**For projects that involve a larger group of people to drive impact.
Projects at this level of funding need a community reference to apply.**

For projects that involve a larger group of 5 or more youth whose idea will drive larger community impact, like hosting festivals, on-the-land projects or awareness events.

Projects at this level of funding need a budget and a mentor or community reference to apply. The community reference or mentor must be someone of legal age in your province or territory who have ties to the community. They will be contacted during the application process and asked to speak about the applicant as well as the proposed project.

Examples of projects approved at this level:

Project 1: ([click here for budget spreadsheet example](#))

We are starting SADD (Students against drunk driving), and we would like to host a two-part virtual event. The first part would be an Instagram Live event where youth can showcase their musical talents while also raising awareness around the dangers of drunk driving. The second part would be an informative webinar. There would be 2 guest speakers on the webinar who will present on this topic, followed by a discussion and prizes for attendees.

Budget: \$500 - Honorarium for guest speakers, \$50 - Video conferencing membership, \$250 - Prizes, \$250 - Promotion, \$450 Filming equipment

Project 2: ([click here for budget spreadsheet example](#))

I would like to take at least 6 youth with my partner to my camp 8 miles out of Aklavik to teach them basic skills such as setting up traps and snares for lynx, beaver, wolves, marten and wolverine. I would also like to teach them basic survival skills that were passed down to me from my grandfather.

Budget: \$400 - Skidoo rental, \$300 - Gas, \$400 - Food, \$100 - Water, \$300 - Motor Oil



If you believe that your project meets the requirements above, we want to hear from you!

Visit our website: www.risingyouth.ca or www.jeunesenaction.com to apply.

#RisingYouth Community Service Grants are funded by the Government of Canada under the Canada Service Corps.

Website Links

Land Acknowledgment - <https://www.whose.land/en/>

Self Reflection Guide

PDF - <https://www.risingyouth.ca/files/Rising-Youth-Grant-Applicant-Self-reflection-Guide.pdf>

YouTube Video - <https://www.youtube.com/watch?v=E8ROJcurbE4>

Home Page (<https://www.risingyouth.ca/>)

- Project Qualification Checklist (at the bottom of the page)
- Not sure where to start and need inspiration (Bottom of the page)

FAQs (<https://www.risingyouth.ca/faq>)

- General Information and Eligibility
- During the Application Process
- During the Project
- After Project Completion

Stories (<https://www.risingyouth.ca/stories>)

- Stories from youth about their projects
- Podcasts

Eligibility - <https://www.risingyouth.ca/files/RisingYouth-Eligibility.pdf>



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#RISINGYOUTH
community service grants



#JEUNES EN ACTION
subvention de service communautaire

Do you have a simple project idea to support your community?

TakingITGlobal (TIG) is looking for young people (age 15-30) who are inspired with ideas and ready to take action through youth-led community service grants.

We have three levels of grants available:

250

750

1,500

As-tu une idée de projet simple pour soutenir ta communauté?

TakingITGlobal (TIG) est à la recherche de jeunes (âgés 15 à 30) qui sont inspirés avec des idées et prêts à agir à l'aide de subventions jeunesse de services communautaires.

Nous avons 3 niveaux de subventions disponibles :

DESIGN
your project



APPLY
for funding



LAUNCH
your project



SHARE
the impact



CONCEVEZ
votre projet

PRÉSENTEZ
une demande de financement

LANCEZ
votre projet

PARTAGEZ
l'impact

WWW.RISINGYOUTH.CA | WWW.JEUNESENACTION.COM

 **TakingITGlobal**
INSPIRE INFORM INVOLVE
INSPIRER INFORMER ENGAGER

Funded by the Government of Canada under the Canada Service Corps program

Financé par le Gouvernement du Canada par le programme Service jeunesse Canada

Canada 

 **Corps**

 **Canada**

WWW.RISINGYOUTH.CA
CONTACT:
PRIYANKA@TAKINGITGLOBAL.ORG

#RISINGYOUTH

community service grants



#JEUNESENACTION

subvention de service communautaire

HOLIDAY PROJECT EXAMPLES

#RisingYouth \$250 Holiday Project Example

Holiday COVID Cards (25 in total)

Project Description: Spread joy and encourage folks to stay safe this holiday season!

Item	Quantity	Cost
\$5 gift cards (Tim Hortons, McDonalds, etc)	25	\$125
<u>25 pack of holiday cards/envelopes</u>	1	\$25
Pen or marker (to write in cards)	1	\$5
Christmas treats (chocolate, candy canes etc)		\$50
Ribbons, bows, stickers to decorate		\$25
Cost to mail out packages		\$20
		\$250



#RisingYouth \$250 Holiday Project Example

COVID Care Packages (24 in total)

Project Description: The holidays can be a hard time for folks, show that you care!

Item	Quantity	Cost
<u>12-pack of hand sanitizer</u>	2	\$75
<u>27-pack of reusable masks</u>	1	\$40
\$5 gift cards (Tim Hortons, McDonalds, etc)	24	\$120
<u>24-pack of holiday cards</u>	1	\$15
		\$250



#RisingYouth \$250 Holiday Project Example

Winter Care Packages (24 in total)

Project Description: Help the community this winter!

Item	Quantity	Cost
<u>40 pack of hand warmers</u>	1	\$60
\$5 gift cards (Tim Hortons, McDonalds, etc)	24	\$120
<u>12-pack thermal socks</u>	2	\$65
		\$250





#RISINGYOUTH

Indigenous 2SLGBTQIA+ Project Examples



Funded by the Government of
Canada under the Canada
Service Corps program

Financé par le Gouvernement
du Canada par le programme
Service jeunesse Canada





BIPOC Pride Workshops + Film Screening Fredericton, NB

BIPOC Pride was a series of events taking place in Fredericton, NB from August 19th-23rd with an explicit focus on the needs and issues of the BIPOC LGBTQ2S+ community

Events included panels and workshops on topics such as self-care and community care in activism, two-spirit identities, and rainbow washing, and speakers and educators such as Dr. Omisoore Dryden, who delivered presentations on topics such as the blood ban and diasporic sexualities.

BUDGET: \$1,500

\$750 - HONORARIA FOR PRESENTERS

\$500 - SPACE RENTAL

\$100 - CATERING

\$100 - MARKETING (SOCIAL MEDIA + PRINT)

\$50 - SUPPLIES FOR WORKSHOP

- Events organized through this project were: Intro to Mik'maq Quillwork Workshop at NBLCD with Tara Francis, Pinkwashing: Exposed Film Screening at Gallery on Queen, "Is Racism a Queer Issue?" Talk by Dr. OmiSoore Dryden at the Fredericton Public Library
- While Fredericton does have a Pride week, Pride has infamously become more commercialized and less connected to its original purpose in recent years. Oftentimes the events being programmed fail to take into account intersectionality and the multiple forms of oppression that members of the LGBTQ+ community face. The purpose of these events was to create the spaces that are currently lacking for 2LGBTQ+ BIPOC in the region to feel fully acknowledged, safe, and valued.



BIPOC Pride Fredericton was a series of events organized for, by, and featuring the experiences of 2LGBTQ+ identified Black, Indigenous, and people of colour.

This project was intended to address the shortcomings found within Fredericton Pride's programming. The hope for the project was to create a movement that would grow in future years and eventually involve more and more organizers, volunteers, and participants.

BUDGET: \$1,500

\$750 - HONORARIA FOR PERFORMERS

\$500 - SPACE RENTAL

\$100 - CATERING FOR PRESENTATIONS

\$100 - SUPPLIES FOR WORKSHOP

\$50 - POSTERS/MARKETING

- Events organized through this project included a Coffee House + Open Mic + Art Fair at the Tipsy Muse featuring artists Niambi Tree, and a Drag Performance + Dance Party at the Beaverbrook Art Gallery.
- Volunteers were recruited from the queer community in Fredericton, who helped shaped the events, offered support, and helped spread the word of the events through social media.
- The projects and finances of these two projects were organized to be fully distinct and discrete - co-promoted for shared mandate and demographic, offering aligned yet distinct and separate programming to meet needs that are unique and relevant to each of their respective lived experiences as queer BIPOC in Fredericton.



Indigenous Sovereignty Awareness Variety Show

Halifax, NS

'Slay For Sovereignty' was a variety show featuring two-spirited/ Indigenous artists performing drag, poetry, spoken word, and dance.

The event served as a legal fee fundraiser and awareness campaign for the Water Protectors and the Stop Alton Gas resistance, an Indigenous movement happening within Nova Scotia to protect the Shubenacadie River. The event also included discussion, snacks, letter writing to Stephen McNeil, a lot of laughter, and education about the meaning of the saying - Water is Life.

BUDGET: \$250

\$250 - SPACE RENTAL



The Two Spirit Sweat Lodge Ceremony is intended to affirm people in their spirit, rather than their physical bodies, in order to decolonize our understanding of gender. The ceremony is vital in revitalizing sacred teaching for and by Two Spirit peoples.

The overall goal of the project was to create a safe environment for the OUTSaskatoon community to participate in a gender neutral Two-Spirit sweat lodge, and take part in the healing process that comes through the ceremony. There were two nights of protocol before the actual sweat, to inform people what to expect, and supper was served at these evening meet-ups.

BUDGET: \$1,500

\$400 - LODGE KEEPER HONORARIUM
\$220 - TOBACCO & CLOTH
\$200 - TRANSPORTATION
\$200 - CEREMONIAL FOOD
\$200 - LUNCHES
\$180 - FUEL & REIMBURSEMENT
\$100 - Wood



Queer Prom + Movie Night

Whitehorse, YT

A queer prom/formal dance, as well as a screening of the movie 'Love Simon', planned and hosted by and for LGBTQ2S+ youth in the Yukon.

The project lead recognized that there are not many opportunities for queer youth to hang out, socialize, and be themselves in the Yukon, aside from Pride weekend in the summer. Since traditional school-organized proms can be rooted in heteronormativity and put pressure on queer youth to fit into a box, the queer prom was intended to be a place for youth to be comfortable and dress according to their own gender expressions. The movie was chosen for its relevance to queer youth, and the screening included popcorn, candy, and pop for youth in attendance.

BUDGET: \$1,500

\$749 - SPACE RENTAL

\$325 - DJ HONORARIUM + MOVIE RENTAL

\$200 - SNACKS



Gender and Sexuality Alliance Retreat

Whitehorse, YT

Members of the local high school GSAs congregated at the Takhini Hot Springs for 2 nights, in order to hold workshops on leadership and identity and connect with other queer youth in their community.

During the retreat, youth got to bond and get to know each other while watching movies, baking cookies, completing crafts, and holding a family dinner. They also met with the Yukon Human Rights Commission and with community activist Christine Klaassen-St. Pierre to learn about their rights and ways to educate community members about LGBTQ2S+ issues. The event served to bring queer youth together and help solidify the bonds of their chosen family.

BUDGET: \$250

\$150 - ARTS & CRAFTS SUPPLIES

\$100 - ART FACILITATOR HONORARIUM



Queer & Two-Spirit Support Group

Nisichawayasihk Cree Nation/Nelson House, MB

A Queer and Two-Spirit support group that ran for 5 weeks where youth between the ages of 12 - 25 were able to engage in discussions surrounding topics such as gender and sexual diversity, mental health and self-care, and advocacy.

The purpose of the group was to provide a inclusive, safe, and non-judgemental space for Indigenous queer (or “two-spirit”) youth on reserve to create community, support mental health, share resources, and support friendship and relationship building. This support group was the first of its kind in Nelson House, and the goal was to give the youth that attend the tools to establish their own GSA or Queer-Straight Alliance within their schools

BUDGET: \$1,500

\$600 - PRIZES

\$500 - SPACE RENTAL

\$250 - FOOD AND REFRESHMENTS

\$75 - TOBACCO AND GIFT FOR ELDERS

\$75 - CRAFT AND STATIONERY SUPPLIES



Lipstick Project: Celebrating Indigenous Beauty

Yellowknife, NT

An all-ages photoshoot celebrating Indigenous beauty and diversity in the North, held in partnership with NWT Pride, intended for Indigenous folks, LGBTQ2S folks, youth, low income persons, people with disabilities, and everybody in between.

Each participant was able to pick out their own shade of Fenty lipstick for their photo, and received both a polaroid of themselves and the lipstick they chose. The objective of the project was to destroy the negative stereotypes that exist in the North, while also providing a safer space for individuals who aren't typically celebrated in the media for their beauty/looks to feel good about themselves, and explore their beauty and creative side with other people.

BUDGET: \$750

\$450 - HONORARIUM FOR PHOTOGRAPHER

\$350 - FENTY LIPSTICK IN EVERY SHADE

\$300 - PRINTING PHOTOS/FILM

\$300 - FOOD & REFRESHMENTS

\$100 - PROMOTIONAL POSTERS



2 Spirit Sewing Circle + Sober Dance

Edmonton, AB

A series of 4 community socials organized by the Edmonton 2 Spirit Society, bringing 2 spirit Indigenous youth together to find new friends and space in their communities.

The ribbon skirt or ribbon vest is considered traditional regalia to wear at ceremonies, gatherings, and special events. The organizers recognized that in their community, very few people knew how to sew or had access to sewing machines, and held several sewing socials to address that need. They also held a sober dance party featuring performances by two-spirit poets, fashion designers, models, and drag queens.

BUDGET: \$1,500

\$400 - HEALTHY SNACKS

\$400 - HONORARIUM FOR KNOWLEDGE KEEPER

\$300 - SPACE RENTAL

\$300 - FABRIC AND RIBBONS

\$100 - THREAD AND NEEDLES



Drag King Workshop

Montreal, QC

A three-part drag workshop over Zoom for drag kings and non-binary drag performers, discussing the three major areas of creating a character: personality, make-up, and choreography.

The goal of the project was to teach a wide variety of people about the art of drag kinging, an art form that is significantly harder to learn through YouTube videos than drag queening, for example. The workshop was offered with interpretation in French, ASL, and LSQ, to make it accessible to the Deaf and hard of hearing, as well as the greater majority of queer Quebecers. The organizer also reached out to deaf queer organizations across Canada to attend and share the event.

BUDGET: \$1,500

\$720 - INTERPRETATION

\$600 - PRESENTER HONORARIA

\$180 - MARKETING & PROMOTION

#RISINGYOUTH

*Indigenous Community,
On-the-Land and Social Justice
Project Examples*



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On-the-Land Trips Yellowknife, NT

An on-the-land overnight trip, and two day trips, for a group of youth who live in foster homes in Yellowknife.

GLOW (Gaining Lifeskills our Way) Program currently runs in Yellowknife, and approx. 15 youth aged 12 - 20 attend the program daily Monday - Friday. The group spent two full days and one night at Camp Connections, as well as two additional day trips, with access to the river, multiple outdoor games, a cookhouse, and sleeping cabins. There were also two speakers who talked about their work, including working in the trades.

The youth spent their time canoeing, playing interactive games, talking about the importance of the outdoors and nature for their mental health, and spending time with friends. The space was provided by the Foster Family Coalition of the Northwest Territories, and the kayaks were donated to Camp Connections for summer use

BUDGET: \$1,500

\$800 - PURCHASE OF TWO KAYAKS

\$400 - GAS REIMBURSEMENTS

\$100 - CRAFT & GAME SUPPLIES

\$100 - FACEMASKS

\$100 - HONORARIA FOR SPEAKERS



Self-Care Care Packages We'koqma'q First Nation, Whycocomagh, NS

Care packages delivered to single parent households that meant to bring comfort and nourishment to families in need.

First Nation reservations are often placed in rural and isolated regions throughout Canada and the urban areas to shop often require travel or a vehicle. Throughout COVID, stress levels have risen, people forced to stay home and many people within this community do not have vehicles to drive 30 minutes to town to get their household necessities.

Each household was delivered a care package consisting of various items: essential oils and a diffuser, hand sanitizers, hand soap, hair elastics, a hair brush, body lotion, face masks and bath bombs. These items serve as necessities during the pandemic because they help with the prevention of COVID, while also helping with the mental component that has been negatively impacted due to isolation. They were accompanied by a "Time for Self-Care" pamphlet that explained how each item was beneficial.

BUDGET: \$1,500

\$979.35 - WALMART

\$232.25 - LUSH COSMETICS

\$209.93 - BATH AND BODY WORKS



Anti-Colonialist Training Session

St. John's, NL

A session specifically geared towards settlers and non-Indigenous folks who would like to learn more about Indigenous-led sovereignty struggles and land claims, but do not yet have the critical or practical tools to participate in the movement.

Many Canadians remain unaware of the full extent of the government's continued underfunding of crucial services for Indigenous communities, the state's failure to uphold treaty rights and Indigenous sovereignty of ancestral lands, and the intersecting ways that large-scale resource extraction negatively impacts Indigenous communities.

This session was created to lay a pathway for settlers to educate and empower themselves to find ways to meaningfully contribute to the movement. Topics included Canadian law regarding Indigenous rights and title, and Canadians' legal rights when peacefully protesting.

BUDGET: \$1,500

\$90 - VENUE RENTAL

\$75 - TECHNOLOGY PURCHASE (WEBCAM)

\$60 - REFRESHMENTS

\$25 - PRINTING (HANDOUTS)



The Rights Project THE RIGHTS PROJECT, ETOBICOKE, ON

The Rights Project was created with the intention of empowering BIPOC youth through legal education, and they held their first digital workshop via Zoom about Human Rights and Advocacy.

The Rights Project exists to educate Black, Indigenous, and other racialized communities in the GTA on their rights, and provide them with the tools to confidently advocate for themselves. The first workshop included community organizers, politicians, a lawyer, and a public legal educator. One of the panelists gave an overview of the Human Rights code and the panel discussion revolved around understanding the rights we're entitled to, how we can advocate for ourselves and others, and what part we can play in achieving a more equitable and just society.

The webinar allowed the team to create a community of people interested in advancing their legal education as well as connect with like minded individuals and organizations during future events.

BUDGET: \$1,500

\$450 - HONORARIUM

\$350 - ZOOM

\$339 - UNEXPECTED EXPENSES

\$216 - WEBSITE

\$100 - VOLUNTEER APPRECIATION

\$45 - DOMAIN

INTERNATIONAL 2 SPIRIT 2019

GABRIEL CALDERON



MADONNA



2 Spirit Sewing Circle + Sober Dance

ANDRA JINI

EDMONTON, AB

A series of 4 community socials organized by the Edmonton 2 Spirit Society, bringing 2 spirit Indigenous youth together to find new friends and space in their communities.

The ribbon skirt or ribbon vest is considered traditional regalia to wear at ceremonies, gatherings, and special events. The organizers recognized that in their community, very few people knew how to sew or had access to sewing machines, and held several sewing socials to address that need. They also held a sober dance party featuring performances by two-spirit poets, fashion designers, models, and drag queens.

BUDGET: \$1,500

\$400 - HEALTHY SNACKS

\$400 - HONORARIUM FOR KNOWLEDGE KEEPER

\$300 - SPACE RENTAL

\$300 - FABRIC AND RIBBONS

\$100 - THREAD AND NEEDLES



A night of art and discussion focused on the Red Dress Project, highlighting the Murdered and Missing Indigenous Women and Girls and the dangers presented to the young girls and women in society.

The Junior and Senior Girls Empowerment Group are a school group who meet to learn about community and social issues, and to bring awareness to issues and concerns that impact them as young women.

This evening, they hosted a sleepover where they participated in a prayer ceremony, heard presentations, ate dinner, participated in games and activities for prizes, had a spa session, a dance party, and completed an art project called the RED DRESS to remind people of the women who have suffered and are gone but not forgotten.

Each young lady coloured an image of a Metis, First Nation or Inuvialuit woman and mod podged them onto a large canvas. They later held a presentations at their school, as well as the Fort Providence Community hall, to share their red dress project and create discussion.

BUDGET: \$1,500

(ESTIMATED)

\$600 - Food & Snacks
\$400 - Speaker & Elder Honoraria
\$350 - Self-Care Spa Items
\$150 - Materials & Arts Supplies



Seniors Gardening Club

Potlotek First Nation, NS

This project involved delivering gardening packages to elders and seniors of Potlotek First Nation.

The Senior Gardening Club was created to help seniors develop food security during the pandemic who may not have been able to shop for their food. It also was meant to rebuild a connection to the lands and harvesting and provide a sense of independence.

Youth volunteers made packages of seeds, gloves, jiffy cups for elders who had gardens or wanted to start gardening the next season. Elders will participate in a seed exchange program next year with seeds harvested from their veggies. Elders took some youth on tours of their gardens and the 22 baggies were handed out in total.

BUDGET: \$750

\$550 - PLANTS
\$200 - GARDENING EQUIPMENT



Winter Coat Drive

Behchoko, NT

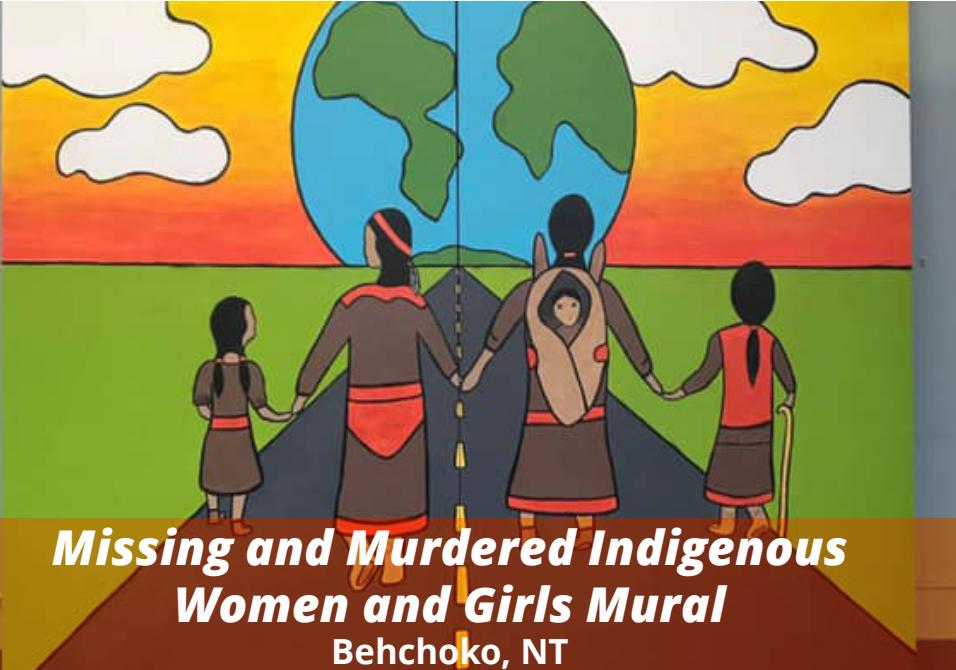
A free-to-attend winter coat drive for the community of Behchoko.

Due to COVID-19, most individuals in the community had been laid off from work, or else families aren't able to work or find jobs due to social distancing. Additionally, the homeless center had been closed for the season.

The organizer wanted to help their community stay warm during the winter season and hosted this drive with the help of a small group of volunteers. The drive provided winter clothing such as jackets, ski-pants, sweaters, hats, and mitts to community members of all walks of life, from children to seniors.

BUDGET: \$1,500

\$600 - CLOTHING
\$330 - TRANSPORTATION OF CLOTHING
\$200 - SPACE RENTAL
\$200 - FOOD
\$150 - MASKS AND HAND SANITIZER
\$20 - PROMOTION



Missing and Murdered Indigenous Women and Girls Mural

Behchoko, NT

A mural dedicated to Missing and Murdered Indigenous Women and Girls that will be hung on the outside walls of the Yukon Aboriginal Women's Council in Whitehorse.

MMIWG is a huge issue and program in Canada, and this project was meant to bring more awareness towards the issue. The organizer realized that there was nothing like this in Whitehorse, and thought it was important to have this representation in their community. The MMIWG mural painting project was hosted at the Youth Achievement Center for a week from Dec 9-13, 2019.

BUDGET: \$750

\$300 - PLYWOOD

\$200 - FOOD AND DRINKS

\$150 - PAINT

\$100 - SUPPLIES



Indigenous Sovereignty Awareness Variety Show

Halifax, NS

'Slay For Sovereignty' was a variety show featuring two-spirited/ Indigenous artists performing drag, poetry, spoken word, and dance.

The event served as a legal fee fundraiser and awareness campaign for the Water Protectors and the Stop Alton Gas resistance, an Indigenous movement happening within Nova Scotia to protect the Shubenacadie River. The event also included discussion, snacks, letter writing to Stephen McNeil, a lot of laughter, and education about the meaning of the saying - Water is Life.

BUDGET: \$250

\$250 - SPACE RENTAL



#RISINGYOUTH

*NORTHERN CULTURAL,
COMMUNITY CARE &
MENTAL WELLNESS
PROJECT EXAMPLES*



Snowshoe Workshop

Inuvik, NT

A workshop to teach youth how to make snowshoes for participating in sports, or for out on the land use.

The project organizer was concerned that their Indigenous culture of drum, snowshoe, and basket making, along with beading and sewing, was slowly dying, and that it was important to teach it to youth in order to keep these traditions alive. The project took place at a local secondary school shop, with all tools donated to the school upon completion.

BUDGET: \$1,500

\$600 - ASH WOOD

**\$600 - TOOLS (KNIVES, PAPER, HAMMER, NAILS,
RAWHIDE CARIBOU, CROSSBARS, GLUE)**

\$300 - NEOPRENE



Ice Fishing NU

Iqualuit, NU

20 students will be taken on an ice fishing trip across the bay to a location called Bay of Two Rivers.

We want to give students a chance to go out on the land, who do not normally get the chance to go out on the land. We want to help embrace our culture and tradition. The reason we chose this grant is because we need food for all the students, equipment, gasoline for the snowmobiles, and the team taking us students on the land on their own time. We have a team to guide us an hour out of Iqaluit to a fishing area.

Prior to this day, we will fuel all the skidoos. We will ride the skidoos to the sea ice on trailers. Then we will pack the qamutiks with food, fuel, and items for the trip. Then we will drive 2.5 hours across the bay to Bay of Two Rivers, and spend the rest of the day ice fishing until the evening.

BUDGET: \$1,500

RENTAL OF 4 SNOWMOBILES & KOMOTIQ - \$600

GAS FOR SNOWMOBILES (250 LITRES) - \$300

HONORARIUM FOR GUIDE - \$300

LURES & HOOKS - \$185

Food - \$115



Masks & Sanitizer Kits

Yellowknife, NT

Delivering DIY hand sanitizer kits and face masks to those in need.

With reusable face masks becoming a requirement in Yellowknife and something that is currently very essential due to COVID-19, the organizer purchased filters, liners, fabric, and elastics to make fabric face masks for those in need. Also, sanitation is extremely important yet the supply of hand sanitizers is currently quite low in the region, so they also prepared "DIY hand sanitizer kits" to show everyone how easy it to make their sanitizers

The project lead recruited their uncle to help make 120 face masks and sanitation kits, which also include hand sanitizer bottles, a pamphlet, and gloves. Priority was given to the Aven Manor-- a senior citizen center, while the remaining kits were given to the rest of the community of Yellowknife.

BUDGET: \$1,500

\$1,000 - MATERIALS FOR MASKS

\$285 - SUPPLIES FOR HAND SANITIZERS

\$115 - PAMPHLETS

\$80 - GAS

\$ 20 - DRIVER HONORARIUM



Child Activity Care Packages

Yellowknife, NT

Care packages delivered to families with young children during the pandemic to give kids things to do within the house.

It's important for children to have activities to put their energies towards, which play a crucial role in learning. However, it becomes difficult during the pandemic, especially since social distancing means many children end up isolated inside their homes. And because of decreased job opportunities due to COVID-19, often families don't have a lot of disposable income to go towards activities.

These child activity care packages included craft supplies, some instructions on specific crafts, books, puzzles, toys, seeds, and planting kits. These activities can also help families build relationships and memories together during this time, instead of only watching TV or being on social media.

BUDGET: \$1,500

20 PACKAGES @ \$75 EACH



Yukon College Wellness Week

Whitehorse, YT

A week of activities and low stress social interactions to help increase mental wellness, and increase mental health literacy through de-stigmatizing conversations around mental health.

The activities occurred prior to reading break at the Yukon College, a time that is normally difficult for students and burn out rates are high. This year reading break was pushed a month back, leading to higher rates of burnout and exhaustion in students. The activities focused on low pressure, low stress activities to connect people and provide a space to discuss mental wellness.

Events included: Hot Chocolate in the Hall, Film Screening of 'The Grizzlies' with a mental health professional on site, Journaling Workshop, Drop the Bass Substance-Free Social and Dance.

All these events will provide a space to discuss mental health and what mental wellness looks like as well as creating opportunities to learn, meet new people, socialize, and feel part of the school community- which within itself is a self-care tool.

BUDGET: \$1,500

\$750 - DECORATIONS & EVENT SUPPLIES

\$400 - HOT CHOCOLATE SUPPLIES & SNACKS

\$350 - HONORARIA FOR DJS AND WORKSHOP COORDINATOR



Mental Health Week Bowling Night

Yellowknife, NT

As part of the activities of a high school's mental health week, this project rented out a bowling alley for students and offered free pizza.

BUDGET: \$750

\$500 - BOWLING ALLEY RENTAL

\$250 - PIZZA & DRINKS



Creativity & Mental Health Journals

Yellowknife, NT

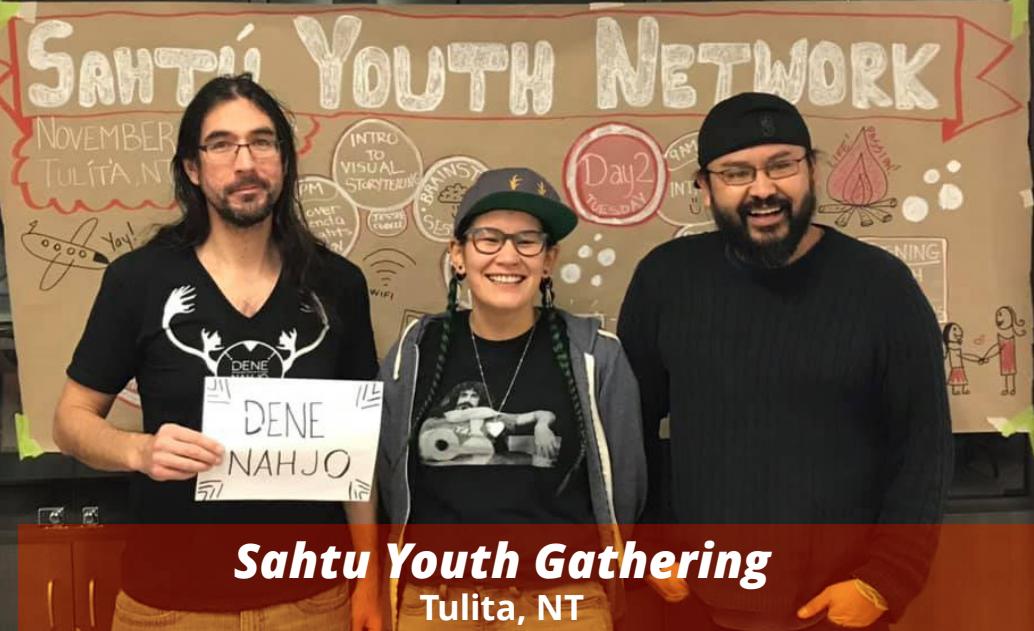
Creating and distributing 100 journals, including drawing prompts, thoughts to ponder, goal planning, and tips for better mental health.

BUDGET: \$1,500

\$800 - PRINTING & SHIPPING

\$400 - HONORARIUM FOR GRAPHIC DESIGNER

\$300 - MARKETING & PROMOTION



Sahtu Youth Gathering Tulita, NT

A gathering to join all the Sahtu communities as one, planning for the future and building youth networks in each community.

Events included Dene Nahjo to do a presentation on Understanding Colonialism, Understanding Leadership Values and Nationhood, as well as Hands On Media Education who did hands-on digital storytelling, having each of the youth creating their own videos, and Jennie Vandermeer doing a presentation about wellness, culture and leadership.

Activities included Youth & Elders night, where the community played games together, a Family Fun Night hosted by the Tulita Band for International Children's Day, a Volleyball Tournament with 6 different teams, a community dinner featuring a screening of the videos the youth created, and finally a handgames and drum dance.

BUDGET: \$1,500

\$700 RENTAL SPACE
\$500 - SUPPLIES FOR ACTIVITIES
\$200 - ELDERS HONORARIA
\$100 - OFFICE MATERIALS



Bush Camp Whitehorse, YT

This project organized a bush camp to support youth with learning on the land, healthy lifestyle choices, and connecting with traditional knowledge.

This project was about gathering people, both youth and elders, on the land. It's important because a lot of youth in the community are not acknowledged and heard for what they have to say and express. It's important to give them a voice and feel heard. It's important to bring them out to see the culture and help sustain the culture to make sure they don't let it go.

Traditional skills taught included cooking, hunting, trapping, getting wood, snowshoeing, fire-making, storytelling, and travelling through mountains. Young people from the community were encouraged to come in and out of the camp.

BUDGET: \$1,500

\$600 - SUPPLIES/MATERIALS (CAMP, KITCHEN, TENT, ETC.)
\$500 - GAS
\$400 - FOOD



Newcomers Nutrition + Fitness Classes Yellowknife, NT

Cooking and exercise classes offered free to immigrants new to Yellowknife.

The purpose of this project was to help newcomers develop health and wellness skills by showing them basic home exercises as well as meal preparation. The classes also promoted social integration by providing a space for newcomers to the city to meet other people.,

The project organizers used sustainability as a theme, incorporating tips and techniques on how to make meal prep, grocery shopping, and fitness more sustainable. They demonstrated how to locally source items and use seasonally available food, the practices of recycling and reusing packaging and containers to reduce the environmental impact.

BUDGET: \$1,500

\$450 - Food/Cutlery for Cooking Class

\$400 - Honoraria for Exercise Class & Cooking Class Facilitators

\$300 - Exercise Materials

\$150 - Space Rental

\$100 - Daycare

\$80 - Prize Draw

\$20 - Marketing



Nipaturuq Magazine Inuvik, NT

The creation of a second issue of the youth-led magazine Nipaturuq, which focused on climate change.

Nipaturuq means "having a loud voice" in Uummarmiutun (a dialect of Inuvialuktun). We named our publication this because it is a platform to amplify the voices of Inuvialuit youth (Western Arctic Inuit) and connect them back to their culture. This publication is meant to be useful for those who want to learn more about the beauty of their culture.

It is about both traditional and modern Inuvialuit culture. The organizers were interested about how opinions and thoughts change and differ, but also use the magazine as a way to connect our youth back to our culture by incorporating elders.

The grant was used to physically print and distribute the publication to over 2,000 beneficiaries throughout all six communities in the Inuvialuit Settlement Region in the Western Arctic. The magazine was also sent to some major bookstores across Canada, as well as being published on Apple Books so it is very accessible to everyone.

BUDGET: \$1,500

\$1,500 - PRINTING Costs



Queer Prom + Movie Night

Whitehorse, YT

A queer prom/formal dance, as well as a screening of the movie 'Love Simon', planned and hosted by and for LGBTQ2S+ youth in the Yukon.

The project lead recognized that there are not many opportunities for queer youth to hang out, socialize, and be themselves in the Yukon, aside from Pride weekend in the summer. Since traditional school-organized proms can be rooted in heteronormativity and put pressure on queer youth to fit into a box, the queer prom was intended to be a place for youth to be comfortable and dress according to their own gender expressions.

The organizer approached local youth from the GSA clubs at FH and PC in Whitehorse for their input in planning and picking the movie we would watch. The movie was chosen for its relevance to queer youth, and the screening included popcorn, candy, and pop for youth in attendance.

BUDGET: \$1,500

\$750 - SPACE RENTAL

\$325 - DJ HONARIUM + MOVIE RENTAL

\$200 - SNACKS

\$125 - FORMAL WEAR RENTAL

\$100 - DECORATIONS



Vote PopUp YT

Whitehorse, YT

This project involved facilitating training on how to run Vote PopUps across Yukon, to ensure people in rural regions are able to vote.

This project had a few different objectives wrapped into one grant. The main objective was to capitalize on a small window of opportunity to get John Beebe from the Ryerson Democratic Engagement Exchange up from Vancouver to Whitehorse to train a group of civic-minded folks on how to deliver Vote PopUps. As a result, there are now 5 youth who can run Vote PopUps across the territory, and have done so for various different groups and classrooms.

They also provided a democratic engagement-related workshop at the Yukon College Carcross Campus, and provided programming at a local high school. The organizers even ran voting simulations at their annual on-the-land camp, with no cell service, not much electricity in a cooking lodge heated by wood.

BUDGET: \$1,500

\$400 - HONORARIA + LODGING

\$300 - SPACE RENTAL

\$300 - FOOD

\$350 - BALLOTS AND MATERIALS

\$150 - PROMOTION + EXPENSES



Videography Workshop Yellowknife, NT

The workshop laid out the basics of filmmaking — from the essentials of video to interviewing, sound and lighting, to how to shoot b-roll and “shooting for the edit.”

In collaboration with MakerspaceYK, the Canadian Association of Journalists and Cloudworks, this workshop covered techniques for shooting, using any equipment participants brought, including smartphones, DSLRs, and camcorders, along with professional equipment from Western Arctic Moving Pictures.

The workshop was intended to provide beginners with the skills they need to tell their own stories in their communities. The organizers reached out to local youth (via SideDoor and Rainbow Coalition) and recent newcomers (via the library's Speak English Cafe) to encourage them to participate. There were 3 to 5 youth volunteers from MakerspaceYK involved in facilitating, creating a high facilitator-to-learner ratio.

BUDGET: \$1,500

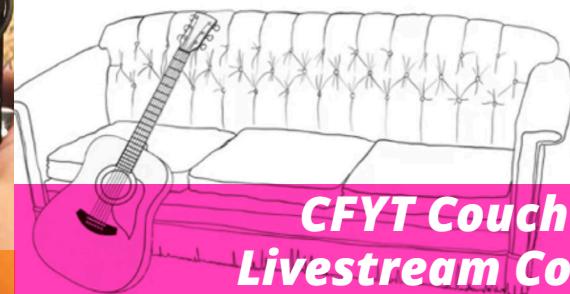
\$500 - EQUIPMENT RENTALS (LIGHTING, SOUND, LENSES, ETC)

\$500 - CATERING FOR 20

\$450 - HONARARIA FOR GUEST PRESENTERS

\$50 - ADVERTISING

CFYT PRESENTS
Couch Concerts



CFYT Couch Concerts Livestream Concert Series

Dawson City, YT

The production of a series of 1-hour long concerts streamed live over Facebook and broadcast through 106.9 CFYT.

This project consisted of 9 live concerts, which could be listened to either on the radio, or with video via Facebook livestream.

These concerts were offered free to the public, and solicited possible performers through an email list of local musicians. The organizer served as technical lead producing the shows, but also brought in additional radio station volunteers who were able to provide some training in audio and video production.

The project was able to leverage some funding to pay artist fees in order to help musicians offset their lost income from performing during the COVID pandemic. Artists included Woah Bear, Jesse Smith, Hammondhoffer, Driftwood Holly, Mike Erwood, Andrew Laviolette, Sophie Noelle and Evrytt Willow

BUDGET: \$1,500

\$575 - M 88 TG DYNAMIC MICROPHONE/CABLES/CLIP/STAND

\$500 - MUSICIAN HONORARIA

\$425 - ZOOM AUDIO RECORDER

